

## Take a Step Toward Better Health

Salinas Valley Health invites you to join our physicians and healthcare providers on a monthly walk and talk that will inspire and inform. Let our unique health and wellness programs connect you with your best life.



## Lior Taich, MD Urology

**Topic:** Men's Health Awareness Month

When: Saturday, June 14 9:00-10:00am Where: Fort Ord Badger Hills Trailhead (across from

Toro Café on Highway 68)

For more information and to reserve your spot, call our Health Promotion Department at **831-759-1890** or visit **SalinasValleyHealth.com/walkwithadoc** 

